

Psychiatric Consultation Clinic Checklist

What is a Regional Mental Health Telemedicine Clinic?

Regional Telemedicine Clinics are supported through mental health sessional funding for non-billable OHIP time. The goal of these clinics is to increase access to specialized mental health services. Each clinic has a dedicated ROHCG Psychiatrist who works with a dedicated group of community primary care providers to build Mental Health capacity amongst GPs, Nurses and Allied Health Professionals by providing direct patient care, case consultation and on-going education as requested. The clinics are not staffed for urgent mental health needs.

Why are you referring the patient to the clinic?

- ✓ Are you looking for treatment recommendations?
- ✓ Are you looking for diagnostic clarification?
- ✓ Is your patient "treatment resistant"?
- ✓ How can the consulting psychiatrist assist you in managing your patient's care?
- ✓ The more specific your question, the more detailed the consulting psychiatrist can be in their consultation.

What is helpful to a Consulting Psychiatrist?

- ✓ Clear referral form – please ensure the form is legible
- ✓ Supporting letter from primary care provider clearly stating why you are referring the patient to the clinic
- ✓ History of medications
- ✓ Mental Health history – has your patient seen a psychiatrist before?
- ✓ If so any clinical notes are appreciated.

What this clinic does NOT support

- ✓ WSIB Evaluations
- ✓ ODSP Evaluations
- ✓ CAS Evaluations
- ✓ **Urgent** Mental Health needs

Referral Management

- ✓ Triaging of referrals is the responsibility of the referring site
- ✓ Telemedicine Coordinators and Primary Care providers need to work together to ensure patients are prioritized correctly

If you have questions about this program please contact: couns@uOttawa.ca.