

Virtual Psychiatric Consultation Clinic



What is the Virtual Psychiatric Consultation Clinic?

A one-time one-hour consultation with a psychiatrist via videoconference.

Is it right for me?

A consultation can:

- Clarify if there is a diagnosable mental health problem
- Allow you to learn more about your mental health
- Recommend treatment if necessary

If this applies to you, you could be eligible for the psychiatry clinic.

How can I access the clinic?

Email couns@uOttawa.ca to get the process started.

Note: To access the clinic, you must have a family doctor. Your doctor receives the psychiatric consultation report and completes follow-up treatment. If you do not currently have a family doctor, Counselling Services can recommend ways for you to find one.

When and where does the consultation take place?

Consultations are booked through Counselling Services. You will receive a confirmation email from the Ontario Telemedicine Network that includes the link to connect with your psychiatrist.

As the consultation is done via the telemedicine program at the Royal, you will be able to do it virtually from the location of your choice.

sass.uOttawa.ca/counselling
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