Global Health Elective Proposal

Family Medicine Residency

University of Ottawa

# Scope

This procedure was developed for International Electives, but will also apply to Global Health Electives within Canada.

## Planning

* Resident to complete the Pre-Engagement Personal Reflection (Appendix 1) which is to be used as a tool for personal reflection to prepare the resident to complete the Elective Proposal following the template in Appendix 2.
* Submit Appendix 2 to the PGY1 Program Coordinator by the deadline
* Residents may not complete more than two blocks per year outside of the Ottawa region.

## Selection

* Applications will be reviewed and approved by the Director responsible for overseeing rural rotations.

## On return from Elective

* Submit Evaluations as outlined in Elective Proposal.

## Suggested reading for Residents in Planning Stage

Yuen MK, Carlos CM, Phan L, Wiener AA, Lin HC, Loh LC. More than just the T-shirt: Reflections from first-time participants in global health service. *Canadian Family Physician*. 2014;60(6):556-557.

Crump JA, Sugarman J, the Working Group on Ethics Guidelines for Global Health Training (WEIGHT). Ethics and Best Practice Guidelines for Training Experiences in Global Health. *The American Journal of Tropical Medicine and Hygiene*. 2010;83(6):1178-1182.

[Philpott J](http://www.ncbi.nlm.nih.gov/pubmed/?term=Philpott%20J%5BAuthor%5D&cauthor=true&cauthor_uid=23140874). Training for a global state of mind. *Virtual Mentor.* 2010 Mar 1;12(3):231-6.

[CAIR Guidelines for Resident Physician Participation in Global Health Elective Placements. Canadian Association of Interns and Residents (CAIR)](http://residentdoctors.ca/wp-content/uploads/2015/08/RDoC-Guidelines-for-global-health-elective-placements_EN.pdf). Available at:

http://residentdoctors.ca/wp-content/uploads/2015/08/RDoC-Guidelines-for-global-health-elective-placements\_EN.pdf

“[The Inuit Way: A guide to Inuit Culture](http://www.uqar.ca/files/boreas/inuitway_e.pdf)” produced by PAUKTUUTIT INUIT WOMEN OF CANADA. Available at http://www.uqar.ca/files/boreas/inuitway\_e.pdf

Baffin Elective “Learning Opportunities and Objectives” and Elective Description

## Appendix 1

## Pre-Engagement Personal Reflection

(adapted from Ch 8, Developing Global Health Programming, Evert et al)

Please consider the following in developing your Elective Proposal:

1. Objectives and Motivation

* Why do you hope to do this work?
* What are your motivations?
* What are your objectives, personal and structural, short and long term?

2) Impact of Elective

* What are the benefits of you undertaking the proposed elective, and who will receive them?
* What are the costs, and who will bear them?
* What will be the effect of your presence, as an elective trainee, on patients? On the community? On local health care workers and physicians?
* Is your work sustainable? And if not, will this leave a negative impact?

3) Skill Development and Learning

* Do you currently have the skills to maximize the benefits and minimize the costs/harms of your elective? If not, can you obtain these skills before you go?
* Is this the most appropriate time in your training or career to have this experience?
* Will the proposed elective meet your objectives?
* How will you measure or evaluate that your goals and objectives are met?
* What do you hope to bring back to your own practice and whom will you share it with?

4) Preparation

* What do you need to do to prepare for your elective, both practical and personal?
* What do you know and understand about the culture of the community?
* What are your sources of funding?

## Appendix 2

## Elective Proposal Template

To submit to the PGY1 Program Coordinator ([yr1coordinator@bruyere.org](mailto::yr1coordinator@bruyere.org)). Please try to limit your response to 1 page (approximately 500 words).

**Resident’s Name:**

**Email:**

**DFM Site and Primary Preceptor name:**

**Email:**

Description of Elective

* + Elective Details
* Elective Location, Name of organization/institution
* Expected activities (clinical and otherwise)

1. Objectives/ Learning Plan

Define clear, realistic learning objectives and goals for your elective experience (ex. What do you hope to learn and how will you learn it?). You can use the DFM’s Core Family Medicine Benchmarks as a format for your objectives.

* + How will you remediate for your absence from Core Academic Days?
  + How will you assure that you remain on track with your scholarly project while away?

1. Expected Impact of Elective
   * Potential benefits of elective for resident and host community
   * Potential costs/harms of elective for resident and host community
   * Sustainability
2. Evaluation
   * + It is important in your planning that you identify a supervisor(s) who will be able to complete Field Notes and your Final evaluation, and bring paper copies of the documents with you
     + The new DFM Elective Evaluation, which is based on your structured objectives, must be completed at the end of the rotation
     + A minimum of one Field Note/week must be obtained
   * How will you measure whether your *personal* objectives and learning goals are met?