

Department of Family Medicine  
**Faculty Retreat**  
**Journées de réflexion du corps  
professoral**  
Département de médecine familiale



**Destination**  
Family Medicine  
**PROGRAM**

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**Médecine Familiale**  
**PROGRAMME**



April 1 – 2 avril 2022  
📍 Montebello, QC



## Overall Learning Objectives Objectifs d'apprentissage généraux



Identify personal pathways for leadership and finding one's academic focus.

Identifier les voies personnelles du leadership et trouver son orientation académique.



Describe strategies for family physicians to build engagement with community organizations.

Décrire les stratégies permettant aux médecins de famille de renforcer leur engagement auprès des organisations communautaires



List three new resources or approaches to use as clinicians, educators, or scholars.

Énumérer trois nouvelles ressources ou approches à utiliser en tant que cliniciens, éducateurs ou chercheurs universitaires.



Describe ways we can all effectively promote family medicine as a career choice for medical students.

Décrire comment nous pouvons tous promouvoir efficacement la médecine familiale comme choix de carrière pour les étudiants en médecine.

**For detailed session Learning Objectives, please refer to the Agenda**

The DFM's Innovation projects, led by Jeffrey Puncher, Director of Strategic Planning & Financial Services, will be showcased throughout the event in the Québec Room

# Welcome! Bienvenue!

Dear faculty members,

I am delighted to welcome you to our 2022 Annual Faculty Retreat. It is hard to believe that the last time we met together in Montebello was over two years ago, a couple of months before the onset of the pandemic. We have remained strong, kind, and have overcome a period of great uncertainty and disruption.

As we come together, let's hope that the worst is now behind us and that we are able to move forward with a renewed focus on learning, innovating, and sharing our achievements. As you will see from our retreat program, we have organized a full agenda with educational opportunities in a wide range of areas. We have also done our best to allow for time to enjoy nature, and spend time re-connecting with old friends, as well as new ones.

I am looking forward to seeing all of you and to experiencing the joy of a hopeful spring, and a new path ahead.

Chers membres du corps enseignant,

C'est avec grand plaisir que je vous souhaite la bienvenue à nos Journées de réflexion du corps professoral de l'année 2022. Il est difficile de croire que la dernière fois que nous nous sommes réunis à Montebello remonte à plus de deux ans. Nous sommes restés forts, bienveillants, et avons surmonté une période de grande incertitude et perturbations.

Réunis en ce jour, nous espérons que le pire est désormais derrière nous et que nous irons de l'avant dans un nouvel élan d'apprentissage, innovation et réalisations partagées. Comme vous le verrez dans le programme, nous avons prévu un grand nombre d'opportunités éducatives couvrant divers domaines. Nous avons également inclus des plages horaires récréatives pour vous offrir le temps de profiter de la nature, renouer avec de vieux amis et créer de nouvelles relations.

Je suis impatiente de vous voir, vivre des moments de joie ce printemps et entamer un nouveau départ.



Dr. Clare Liddy  
- Chair, Department of Family Medicine,  
University of Ottawa

# Welcome! Bienvenue!



On behalf of the Faculty Development Advisory Group, thank you for attending this year's Faculty Retreat which aims to help you connect, celebrate, innovate, and learn. It has been 2 years since we last connected in person, but collectively, we have found a pathway to collaborate, work and teach during these unprecedented times. As the world emerges from COVID-19 health protocols, and public health measures prove effective, our Department is able to safely and cautiously re-assemble. Coming together gives us the opportunity to reconnect, recharge, reflect, reinvigorate, and reengage with each other. Please share any feedback or advice on how we can better help you meet your needs as faculty members and take time to thank all the speakers, presenters and staff who made this event possible; we could not do this without them!

We hope you have a weekend filled with enjoyment and education to help strengthen our medical community that is the Department of Family Medicine!

Au nom du Groupe Consultatif du Perfectionnement du Corps Professoral, je vous remercie d'avoir participé à nos journées de réflexion printanière du corps professoral avril 2022, organisées dans le but de renouer les liens, célébrer, innover et apprendre. Cela fait deux ans que nous ne nous sommes pas rencontrés en personne, mais collectivement, nous avons trouvé un moyen de collaborer, travailler et enseigner durant ces périodes sans précédent.

Grâce aux mesures sanitaires, notre département est en mesure de se réunir à nouveau en personne avec précaution. N'hésitez pas à nous faire part de vos propositions afin que nous puissions vous offrir l'assistance dont vous avez besoin. Nos remerciements aux orateurs, présentateurs et au personnel qui ont rendu cet évènement possible. Nous n'aurions pas pu y arriver sans eux.

Nous vous souhaitons de passer un excellent week-end, espérant qu'il permettra de renforcer notre communauté médicale au sein du Département de Médecine Familiale.



Dr. Eric Wooltorton  
- Director of Faculty Development,  
Department of Family Medicine, University of Ottawa

# Friday, April 1

**9:00 AM – 11:00 AM**

**Registration** – Main Lobby

**10:00 AM – 12:00 PM**

**Communities of Practice Business Meetings**

By Invitation-Light refreshments will be served

## **Full Time Academic (FTA) Physicians**

Canada Room (2.0 hours)

**Organizers: Dr. Clare Liddy & Dr. Eric Wooltorton**

***Surviving vs Thriving as Academic Family Physicians***

In small groups, the FTAs will:

1. Analyze the many competing roles and challenges of being an academic family physician
2. Distinguish activities that can produce an academic focus
3. Examine opportunities for clinician educators and teachers to fully advocate for personal passions, take on leadership roles, committee work and scholarship, and ensure succession planning

**Note:** Specific tables will be organized for PGY3 Directors and Community preceptors to participate.

## **Research Community of Practice**

Le Club Room (non-accredited)

**Organizer: Dr. Doug Archibald**

***Current State of Affairs and Future Directions***

Meeting objectives:

1. Discuss research and innovation capacity development
2. Discuss and set medium and long-term directions for research with the Department of Family Medicine

**12:00pm - 1:00pm**

**Lunch** – Aux Chantignoles Restaurant



# Friday, April 1

1:00pm - 2:00pm

## Concurrent workshop #1

Montebello Room

### ***Doc to Doc Wellness Program Simplified*** – Dr. Aly Abdulla

By the end of this session, participants will be able to:

1. Implement a personal and mentorship Wellness Program in one hour
2. Describe the key resources of the Doc-to-Doc Wellness Program
3. Incorporate Wellness in their life and their mentorship

## Concurrent Workshop #2

Le Club Room

### ***Everything Old is New Again: Teaching Geriatric Principles to Residents*** Dr. H el ene O'Connor

By the end of this session, participants will be able to:

1. Discuss and incorporate geriatric principles into clinical teaching with residents, specifically: deprescribing, falls assessment, cognitive assessment, goals of care and advanced care planning
2. Describe common challenges learners face caring for elderly patients and how to overcome these challenges

2:00pm - 4:00pm **Leisure activities** \*Room check-in is available only at 4:00 PM\*

5:30pm - 6:00pm **Appetizers and Cash bar** – Canada Room

6:00pm - 6:30pm **Opening Remarks and Awards Presentation**  
Dr. Clare Liddy – Canada Room

6:30pm - 7:30pm **Dinner** – Canada Room

7:30pm - 8:30pm

**Keynote Presentation** – Canada Room

### ***The Many Paths to Leadership*** – Dr. Elizabeth Muggah and Dr. Mary Naciuk

By the end of this session, participants will be able to:

1. Identify how COVID has influenced Family Physician leadership
2. Explore different leadership directions and values and how these resonate with your life and career journey
3. Identify opportunities to drive and support family physician leadership in our Department and your community

9:00pm - 11:00pm **DJ and dancing** – Canada Room



# Saturday, April 2



7:30am - 8:15am

**Breakfast** – Aux Chantignoles Restaurant

8:30am - 8:50am

**Chair's Vision** – **Dr Clare Liddy** – Outaouais Room

9:00am - 10:00am

## Concurrent Workshop #3

Montebello Room

**Concussion: Evidence-Based Management**

**Dr. Sharon Johnston and Dorota Nowodworski**

By the end of this session, participants will be able to:

1. Teach learners to diagnose concussion symptoms correctly
2. Teach learners to demonstrate optimal initial management of concussions
3. Describe "pearls" of managing persistent symptoms

## Concurrent Workshop #4

Le Club Room

**CityStudio Ottawa: Improving Health and Wellbeing in Our Region Through Community-Campus Engagement**

**Dr. Claire Kendall and Sarah Taylor**

By the end of this session, participants will be able to:

1. Describe how CityStudio is a mechanism that can respond to Ottawa's Community Safety and Well-Being Plan
2. Identify areas where Department of Family Medicine learners and faculty might interface with CityStudio projects
3. Recognize opportunities for embedding community-campus engagement in Department of Family Medicine activities

10:00am-10:15am **Break and Check-out** (luggage storage Saskatchewan Room)

10:15am-11:15am

## Concurrent Workshop #5

Montebello Room

**Champlain Community of Family Practice: Promoting the Voice of Family Medicine Into Our Region** – **Dr. Alison Eyre, Dr. Gary Viner, and Dr. Laura Muldoon**

By the end of this session, participants will be able to:

1. Describe the CCoFP, its vision and goals
2. Review the current state of Primary Care engagement
3. Create a plan to increase interest and involvement in the CCoFP

## Concurrent Workshop #6

Le Club Room

**Diagnosing by the Book: Affect and Narrative Medicine** – **Dr. Leonard Bloom**

By the end of this session, participants will be able to:

1. Use narrative medicine to teach learners to improve diagnostic skills through attention to patients
2. Promote therapeutic alliance by use of narrative medicine in teaching clinical encounters
3. Maintain inspiration in our work by accessing our imagination

# Saturday, April 2

11:15am - 12:15pm

## Poster Session – Outaouais Room

Learning objective: Identify two changes to clinical practice or teaching you will make as a result of attending this poster session

12:30pm - 1:30pm

## Lunch – Aux Chantignoles Restaurant

1:30pm - 2:30pm

### Workshop and Panel Discussion #7

Outaouais Room

#### *Strategies to Influence Learners to Make Family Medicine a Destination of Choice!*

**Dr. Robin Kennie, Dr. Lina Shoppoff, Dr. Rita Hafizi, Dr. Pellerin and Dr. Eric Wooltorton**

By the end of this session, participants will be able to:

1. Analyze trends in medical student choice of specialties
2. List evidenced-based factors which influence medical students to choose FM as a specialty
3. Select context-specific strategies (i.e., layered learning, mentorship, research) to positively influence learners to choose FM

2:30pm **Wrap-up & Thank-you**

**Dr. Clare Liddy and Dr. Eric Wooltorton – Outaouais Room**

This one-credit-per-hour Group Learning program meets the certification criteria of the College of Family Physicians of Canada and has been certified by the University of Ottawa's Office of Continuing Professional Development for up to 10.5 Mainpro+ credits.



Ce programme d'apprentissage en groupe d'un crédit par heure répond aux critères de certification du Collège des médecins de famille du Canada et a reçu la certification du Bureau de formation professionnelle continue de l'Université d'Ottawa et donne droit jusqu'à 10,5 crédits Mainpro+.



# Keynote Speakers

## Dr. Elizabeth Muggah



Dr. Liz Muggah has been practising as a family physician for over 20 years and currently works at the Bruyère Family Health Team in Ottawa. She is an Associate Professor at the Department of Family Medicine and the Assistant Dean of Wellness for the University of Ottawa Faculty of Medicine. Dr. Liz Muggah is currently the President of the Ontario College of Family Physicians. She lives in Ottawa with her husband and two teenage daughters, and when not working can be found cycling or cross-country skiing in Gatineau Park.

## Dr. Mary Naciuk



Dr. Mary Naciuk is a family physician in Winchester, working at the North Dundas Medical Clinic and the Winchester District Memorial Hospital emergency department. She has been practicing since 2008 after taking the long way to a career in medicine. She is currently the President of the WDMH Medical Staff organization, physician lead of the Winchester Covid Assessment Center and Chair of the Rideau St Lawrence Family Health Team. She is an Assistant Professor in the uOttawa Department of Family Medicine. In addition to work, she has an interest in art and she spends as much time with her husband, children and grandchildren as possible.

Please see our [website](#) for the bios of the other presenters.

# Spring Activities Menu

## Menu des activités de printemps

### Faculty Retreat

#### Journées de réflexion du corps professoral

*Fairmont, Le Château Montebello*

Friday, April 1, 2022

2:00pm-4:00pm

### On-Site Activities / Activités sur le site



- **DFM Super Sprint / DFM course et randonnée dans les sentiers naturels**



- **Bonfire / Feu de joie**



- **Curling**

### Off-Site Activities / Activités hors site



- **Parc Omega** (Advanced online ticket purchasing is required / Billets requis à l'avance. Achat en ligne uniquement)

Click here to make a reservation / Cliquez ici pour faire une réservation

(<https://www.parcomega.ca/en/>)



# Posters



## Author(s)

## Title

Rohit Ghandi, Raphael Lessard  
and Sebastien Landry

Improving Healthcare and Resource Stewardship in the  
Emergency Department through Physician Education, Audit and  
Feedback

Eoghan O'Shea

Trigger point injections

Karen Ferguson, Simone  
Dahrouge, Mark Fraser, Meltem  
Tuna and Charles Bruntz

Electronic Patient Portals: Impact on traditional  
health care usage & provider clerical workload

Sohil Rangwala and Ed Seale

Creation and piloting a new Canadian Resident Matching  
Service dossier review tool for the Department of Family  
Medicine at the University of Ottawa

Simone Dahrouge, Danica Goulet,  
Imaan Bayoumi, Sara Bhatti,  
Michael Cummings,  
Stephanie Garies et al.

Identifying appropriate neighbourhood-level measures of  
vulnerability for use with primary care health records

Simone Dahrouge, Rachelle  
Ashcroft, Kiran Saluja,  
Simon Lam, Jennifer Rayner,  
Bridget Ryan et al.

Patient-based recommendations for virtual care  
in primary care practices

Alan Ng, Kori Ladonna and  
Katherine Scowcroft

Addressing skepticism of medical humanities in family  
medicine education

Martha Holt

Newly established Long-Term Care training within the Bruyère  
and Primrose Residency Curriculum

Margaret Gluszynski and Eric  
Wooltorton

Improving FM inpatient teaching: a faculty  
development needs assessment

# Posters Continued

## Author(s)

## Title

Carol Geller, Andrew Mclellan,  
Soha Khorsands, Corina Lacombe  
and Alison Eyre

Primary Care for Urban Marginalized and Complex  
Populations: A program evaluation and look at health literacy

Sohana Farhin, Cayden Peixoto  
and Lise M. Bjerre

The Impact of Electroconvulsive Therapy (ECT) Wait Times  
Prior to and During the COVID-19 Pandemic on Patients with  
Mental Health Disorders: A Scoping Review

Samantha Buchanan, Lise Bjerre,  
Cayden Peixoto, Douglas  
Archibald and Jonathan Fitzsimon

Investigating Patient Satisfaction of Integrated  
Virtual Care (IVC)

Selya Amrani, Philip Chikpov, Jeff  
Puncher and Kheira Jolin

Escape the Office: The Use of Escape Rooms as an  
Alternative Teaching Strategy for QI Principles in Medical  
Education

Parisa Rezaiefar, Doug Archibald,  
Nisha Waqas and Susan  
Humphrey-Murto

Development of a Rating Instrument to Assess  
Ambulatory Women's Health Procedural Skills

Alison Eyre, Tobey Audcent, Sarah  
Funnell, Lindy Samson and Janice  
Cohen

Acceptability and Feasibility of a SHD pediatric specific  
screening and communication tool

Jason Trickovic

Design and Initial Evaluation of a Long-Term Care  
Educational Experience for Residents: Stakeholder  
Feedback 1year-in



# 2021 Award Winners

## Dr. Alison Eyre

### Award: Regional Physician of the Year – OCFP 2021



In recognition of Dr. Eyre's Advocacy Efforts. Dr. Eyre fought the 2012 cuts to refugee health care and worked with children's care providers to research reducing barriers to care for vulnerable children. She has been a teacher and a mentor to countless medical students and Family Medicine residents. Dr. Eyre was awarded the Jim Ruderman Academic Family Medicine Leadership Award in 2016 and continues to provide leadership at a regional level. She is co-chair of the Champlain Community of Family Practice, a group with an aim to unite the voice of family physicians leading health care reform in the Champlain region and is a member of the "Kids Come First" health team that aims to improve care for all children in the Champlain region.

## Dr. Jonathan Fitzsimon

### Award: Glenn Sawyer Service Award – OMA



In recognition of Dr. Fitzsimon's role in Bringing Healthcare to a Community in Need. Dr. Fitzsimon is the recipient of the OMA Community Service Award for his role in helping set up the VTAC, a 24/7 pandemic healthcare service that provides virtual family physician assessments to residents who do not have a family physician or cannot access their family physician, in-home assessments by community paramedics, remote monitoring, and COVID-19 testing (i.e. via drive-thru clinics). Dr. Fitzsimon is moving the project along the patient medical home principles to solve a large equity gap in Canadian healthcare. His goal is to provide accessible high quality primary care to all rural and remote Canadians.

## Dr. Kevin Pottie

### Award: Researcher of the year award – CFPC



In recognition of Dr. Pottie's outstanding International Recognized Contribution to Research in Refugee Health and Equity Implementation. An Ian McWhinney Research Chair in Family Medicine at Western University, Dr. Pottie was instrumental in spearheading CSIH's Pathways to Global Health, serving on the Canadian College of Family Practitioner's global health committee and leading the refugee health service-learning programs. He made outstanding contributions to the research excellence of the GRADE Working Group. His research has inspired refugee guidelines in Ireland, Australia, the USA and DYNAMED App, and has transformed refugee care. He applied these methods to the development of guidelines for the homeless health field. Dr. Pottie was appointed to the Global Society of Refugee Health, and was selected for a global leadership role with the World Health Organization and International Organization of Migration.

## Dr. Doug Archibald, PhD

### Award: Best poster – DIME Meredith Marks Day



Dr. Archibald is a health professions education researcher. His research interests are in educational technology and program evaluation. He is currently conducting work on projects involving patient engagement in postgraduate and continuing professional development, curriculum renewal and education research using virtual reality, the electronic medical record and other related technologies such as eConsult, and the Canadian Primary Care Information Network. Dr. Archibald has recently co-edited a special issue of the "Journal of Continuing Education" in the Health Professions on patient engagement, and written a chapter on program evaluation in the international textbook, "How to do Primary Care Educational Research: A Practical Guide", which is part of the WONCA Family Medicine Series.

# 2021 Award Winners

## Dr. Sohil Rangwala

### Award: Best poster – DIME Meredith Marks Day



As a full-time academic family doctor, Dr. Rangwala provides comprehensive primary care to patients and has an interest in HIV primary care. He has a passion for medical education and mentorship, as well as resident and faculty wellness. Some of his scholarly interests are focused on medical education and selection. Dr. Rangwala is a current recipient of a PRIME grant, working with Dr. Ed Seale to develop and pilot a dossier review tool to improve interrater reliability when scoring files, increase standardization of the file review process, and ultimately lead to the selection of the best candidates for their program.

## Dr. Parisa Rezaiefar

### Award: Best Oral Presentation – DIME Meredith Marks Day



In recognition of Dr. Rezaiefar's Oral Presentation for Research in Education at Meredith Marks Day. As a Fellow with DIME, Dr. Rezaiefar's has demonstrated a keen interest in medical education and has focused on different aspects of curriculum development. Through her research, she has identified an area of unmet need and is developing innovative methods for teaching procedural skills in women's health at the postgraduate level. It is anticipated that this will have relevance across all post-graduate training programs in Canada and for CPD.

## Dr. Peggy Kleinplatz

### Awards: Consumer Book Award – Society for Sex Therapy & Research, and Distinguished Sexual and Gender Health Revolutionary Award



Since 1983, Dr. Kleinplatz has been teaching Human Sexuality at the University of Ottawa. She has edited four books, and been the winner of the AASECT Book Award. Dr. Kleinplatz's fifth book received the 2021 Consumer Book Award from the Society for Sex Therapy and Research. In 2015, Dr. Kleinplatz received the Professional Standard of Excellence Award from the American Association of Sexuality Editors, Counsellors and Therapists. Dr. Kleinplatz's current research focuses on optimal sexual experience, with a particular interest in sexual health in the elderly, disabled and marginalized populations.

## Dr. Frank-Dietrich Knoefel

### Award: Bruyère Partners in Excellence Award – Physician Excellence



In recognition of Dr. Knoefel's contribution to Research Programs in Memory Care and Dementia Prevention. Dr. Knoefel's research supports patients and caregivers through a dementia diagnosis; it is about technology, the aging brain, and how to connect them. He helped create the smart apartment in Bruyère, which has become an AGE-WELL national innovation hub a.k.a. the SAM3 (Sensors and Analytics to Monitor Memory and Mobility). It has advanced the development of sensor systems that address mobility and memory challenges among seniors and focuses on smart technologies that monitor their health and wellbeing. Dr. Knoefel's research collaborations include clinical drug trials with Bruyère to improve brain function, and memory collaborative research with uOttawa linking researchers with clinicians to make a bigger difference in understanding brain changes as we age.

# DFM Faculty Award Winners

## Dr. Marie-Josée Klett

### Award: Undergrad Educator of the Year



Dr. Klett is the recipient of the Undergraduate Educator of the Year Award, which is presented annually to a member of the teaching staff who has demonstrated outstanding performance in their teaching, in particular in the development of innovative teaching material and methods, courses, and programs of study, and for their interpersonal skills. Dr. Klett is a family physician and sport medicine physician who organizes the musculoskeletal Physician Skills Development Program for the undergraduate francophone stream. She has led many other DFM musculoskeletal teaching sessions and her teaching evaluations and colleague comments describe her work as "routinely demonstrating a wealth of skill, knowledge, experience, passion and creativity."

## Dr. Rita Hafizi

### Award: Undergrad Educator of the Year



In recognition of being an exceptional Preceptor and Physician Role Model. Dr. Hafizi provides undergraduate students crucial support by helping them navigate career choices and receive hands-on skills development learning opportunities. Dr. Hafizi fosters respect and engenders trust by allowing students a level of independence when assessing her patients, and being accessible for guidance. She uses formal and informal teaching methods, and leads by example by being a kind and empathetic family physician and patient advocate. Dr. Hafizi helped to develop an Isolation Curriculum for students who came in contact with or developed Covid-19 symptoms, enabling them to continue their learning. Feedback from the family medicine bootcamp was that Dr. Hafizi is compassionate and dedicated with a remarkable ability to connect with the students.

## Dr. Anna Wilkinson

### Award: Scholarly Achievement



In recognition of Dr. Wilkinson's Research and Scholarly Work in the Domain of Knowledge Translation at the DFM. Dr. Wilkinson contributes vastly to oncology patient care as a family physician and is the Program Director for the PGY3 Family Practice Oncology program. She has published a national "Breast cancer survivorship" tool in the Canadian Family Physician and will be publishing a series of "oncology briefs." Dr. Wilkinson has delivered national level (Family Medicine Forum) presentations on how to care for oncology patients. She supervises residents, teaches in the department, and delivers scholarly and evidence based academic day teaching. Dr. Wilkinson has created a learning environment, running regular morbidity and mortality rounds, helping family physicians and residents to continuously improve quality.

## Dr. Gary Viner

### Award: Scholarly Achievement



In recognition of his long-standing Scholarly Contributions to the Department. Dr. Viner was instrumental in the department's transition to a competency-based curriculum. He developed a systematic approach to collating formative feedback using a daily field note evaluation tool integral to revamping the process to evaluate residents and the program. Dr. Viner has been awarded three significant grants to advance research in assessment and evaluation. He contributes as an abstract reviewer for national and international conferences, a grant reviewer for the Faculty of Medicine, and a journal article reviewer for national medical periodicals. Dr. Viner has 21 peer-reviewed publications with some cited internationally, and 21 conference publications. Recognition through numerous awards is a testament to Dr. Viner's commitment to excellence in teaching and education.



## Dr. Farhad Motamedi

### Award: Outstanding Faculty

In recognition of being a truly Model Leader. Dr. Motamedi has demonstrated exceptional interpersonal skills. He fosters a positive teach culture and helps build both personal and team resilience. He keeps everyone functioning, instilling a new sense of purpose, particularly during the pandemic. He creates a professional atmosphere with patients, staff and nurses, engendering the trust and confidence of his team. Dr. Motamedi is a key mentor and teacher, helming a large teaching unit, fostering a culture of learning by supporting a professional learning and teaching environment, encouraging residents to present at CPD courses and helping them to further their academic teaching skills. Dr. Motamedi leads by example, perseverance and dedication by being a master clinician. Through his work ethic, skill, and high standards of care, Dr. Motamedi inspires others to achieve.



## Dr. Lina Shoppoff

### Award: Outstanding Faculty

In recognition of being a Passionate and Dedicated Leader. Dr. Shoppoff has spearheaded the development of many programs, working tirelessly to unify the francophone and anglophone streams for equality of learning. She has enhanced programs through social accountability, developed gaming programs, and improved how to deliver topics to learners at the pre and clerkship levels. She developed the first Bootcamp for incoming first year students so they could see what the FM has to offer before entering a classroom. Dr. Shoppoff's attention to detail has improved the exam database – she oversaw and improved the writing of new exam questions. Dr. Shoppoff was instrumental in getting the Covid-19 curriculum off the ground when virtual delivery was required, by adding lecture sessions from Interprofessional Team Members, which showed a real collaboration with FM physicians.



## Dr. Christiane Kuntz

### Mentorship Award

In recognition of Dr. Kuntz's Impact as a Mentor. Dr. Kuntz has mentored countless residents and faculty members. She has been known by those that she mentors as being her “medical children,” an incredible testament to the dedication and leadership she brings to her role as a mentor for all the community residents and for those who rotate through Women's Health clinics and the PGY3 Women's Health residents, who benefit from such one-on-one mentoring and life coaching. As noted by one former resident: “I wouldn't be where I am today without her.” – Dr. Bradley



## Dr. David Tobin

### Mentorship Award

In Recognition of Dr. Tobin's role as a Mentor. Throughout his career while in various leadership roles, Dr. Tobin has demonstrated a commitment to teaching, and is dedicated to fostering an environment of compassion and wellness for all members of the medical community. His teaching evaluations consistently highlight his empathy, his positivity, and his ability to connect with learners. Medical students and residents describe Dr. Tobin as a mentor who is always approachable and available to help with any concerns. He is acknowledged as “dad” to all residents. Dr. Tobin spearheaded the resilience committee and website on a volunteer basis, and he is the newly minted mentorship director, with an academic approach to initiating and evaluating a new program.



## Dr. Lindsay Bradley

### Educational Leadership & Teaching

In recognition of Dr. Bradley's outstanding performance in Teaching Outside of the Clinical Unit.

Dr. Bradley is a primary care sport medicine physician at the Carleton's Sport Medicine Clinic and has been the team physician for countless teams. Her commitment outside of the clinical unit is exceptional. She coordinates the PGY3 programs and is a leader in converting the programs to "competency-based" assessment systems. Dr. Bradley has co-authored highly cited position statements on concussion, is currently Program Chair of the OMA's Section on Sport and Exercise Medicine, and a representative on the Canadian Concussion Collaborative. Dr. Bradley is also chair of the Communications and Adaptive Physical Activity committees of the Canadian Academy of Sport and Exercise Medicine (CASEM). She advocates for athletes' mental health by helping FM residents execute scholarly projects on "exercise prescription" and website and communication tools for physicians, focused on exercise teaching.



## Dr. Denice Lewis

### Educational Leadership & Teaching

In recognition of Dr. Lewis's contribution to Innovative Curriculum Development. Dr. Lewis

has contributed significantly to shaping the delivery and renewal of curriculum initiatives that support the Family Medicine Residency Program, such as co-designing and implementing a curriculum quality improvement review process, and creating, piloting and implementing a behavioural medicine simulation curriculum. This year, in alignment with the Faculty of Medicine's social accountability mandate to address anti-racist curriculum gaps, Dr. Lewis has secured grant funding from the eCampus Ontario Visual Learning Strategy to develop and design anti-racist online learning modules as part of this residency program. This program is leading the way to create anti-racist curriculum which will be integrated and shared across Canada in order to advance medical education.



## Dr. Hanif Charania

### Award: Clinical Preceptor

In recognition of being an Exemplary Preceptor. Dr. Charania supports students' learning

interests and objectives and provides timely, constructive clinical feedback. Dr. Charania shows authentic consideration and interest in supporting students' training such as organizing training in a student's area of interest. With reduced occupancy during Covid-19, Dr. Charania ensured that a mentor was available if he was not in the clinic, which ensured and increased learning opportunities for students to mentor with additional physicians. Those mentoring under him expressed immense gratitude and privilege in having someone like Dr. Charania to guide them through this journey.



## Dr. Stefan de Laplante

### Award: Clinical Preceptor

In recognition of being a Model Preceptor. Dr. de Laplante is a role model for learners

throughout the DFM, demonstrating educational leadership well beyond any assigned leadership roles. He is a popular clinical preceptor and mentor for medical students and residents, with an aptitude for helping learners prepare for clerkship. Dr. de Laplante excels as a leader: he presented as an invited speaker on "mentorship myths" at the 2020 DFM retreat; he is an advocate for francophone medical education and francophone content in the medical school curriculum; he has facilitated francophone activities and networking opportunities for learners at the provincial and national levels and mentored residents in their scholarly work.

# Faculty of Medicine Awards of Excellence Winners



## Dr. Christiane Kuntz

### Award: Clinical Mentor of the Year

In recognition of being an excellent Clinician, an Educator and Advancing Women's Healthcare. Dr. Kuntz is a sought-after community-based preceptor in the Postgraduate residency program and has trained over 35 residents throughout her career. Since 1997, Dr. Kuntz has been in a DFM leadership role as the Director of Women's Health; is a national speaker on women's health clinical skills, presenting yearly at CPD programs and delivering simulated workshops; and integrated into the DFM program specialty experiences (women's health and gynecology). She founded the Women's Health PGY3 Enhanced Skills Program with the DFM. Twice weekly, Dr. Kuntz runs a menopause clinic where residents acquire hands-on learning opportunities. Many former trainees have integrated leadership positions into their careers, which is a testament to Dr. Kuntz' mentorship qualities.



## Dr. Marjorie Pomerleau

### Prix : Promotion de La Francophonie

La Dre. Pomerleau est une membre estimée de notre département depuis 2017, et occupe actuellement un poste de leadership en tant que Directrice du Programme et de l'Unité d'Enseignement Montfort, à titre de professeure adjointe. Dre. Pomerleau se consacre à l'amélioration de la qualité et de l'équité des possibilités d'enseignement offertes aux stagiaires en médecine familiale et aux étudiants en médecine à l'Hôpital Montfort. L'engagement et le dévouement de la Dre Pomerleau visant à offrir de meilleures possibilités de formation en milieu francophone aux étudiants et résidents en médecine s'inscrivent dans la priorité stratégique de la Faculté de médecine de faire progresser la francophonie, en enrichissant notre programme bilingue de résidence en médecine familiale dans la capitale nationale.



## Dr. Lyne Pitre

### Prix de Distinction des Diplômés - Prix de Leadership Exceptionnel

En reconnaissance du leadership de la Dre. Pitre et de son investissement dans la promotion de la langue française au sein de la faculté de médecine. Dre. Pitre a dévoué sa carrière universitaire à l'amélioration des programmes d'études en français et s'est vue décernée, en décembre 2021, la médaille de l'Ordre de la Pléiade de la Section de l'Ontario de l'Assemblée parlementaire de la Francophonie (APF) pour sa contribution exceptionnelle envers la Francophonie Ontarienne. Pédagogue passionnée, Dre. Pitre est la co-fondatrice de l'ESFAM (Équipe de Santé Familiale Académique Montfort) et créatrice de l'unique programme de résidence de la faculté de médecine en Français utilisé à l'hôpital Monfort. Elle est également à l'origine de l'expansion de la cohorte des résidents R1 et a formé plus de 200 médecins de famille francophones. Ses ateliers "Préceptariat 101 et 201", enseignés à 70 précepteurs francophones apportent une aide au recrutement, la formation de nouveaux précepteurs cliniques et l'enrichissement de leurs connaissances. Dre Pitre est la détentrice de nombreux prix et récompenses pour sa contribution exceptionnelle dans l'enseignement de la médecine et la défense de la place du français dans la communauté médicale.



## Dr. Kay-Anne Haykal

### Award: Early Career Researcher of the Year – Innovation and Education

In recognition of Dr. Haykal's contributions and the Impact of her Research Program focused on Wellness in the Undergraduate Medical Education Program. Dr. Haykal has

led the development of resilience, wellness and mLIFE curriculums and a peer support program. She leads a research project on wellness that includes mandatory wellness assessments of 1st and 3rd year medical students. The development of a wellness check during Covid-19 was significant as it identifies major risk factors for students and ensures appropriate supports are in place. Other research projects focus on interventions to promote medical trainee help seeking for mental health concerns. The results will be applied to gain knowledge on gaps in medical training and change the culture for help seeking behaviour.



## Dr. Amy Hsu

### Award: Early Career Researcher of the Year – Public Health and Epidemiology

In recognition of Dr. Hsu's contribution to a Diverse and Multidisciplinary Research Program. Dr.

Hsu's recent research has had national and international impact, contributing to knowledge about the effects of the Covid-19 pandemic on older adults living in long-term care homes. She is the PI on a pan-Canadian grant funded by the Covid-19 Immunity Task Force. This past year, Dr. Hsu's research resulted in publications being accessible from LTCCovid.org, read by 100,000+ users worldwide, cited by 50 peer-reviewed articles and policy documents. Her innovative research uses accelerometer data and a machine learning approach to predict future incidences of disease and mortality; it also uses AI to build a vaccine education chatbot. Dr. Hsu has research collaborations with a national network of researchers to produce vital evidence to support the long-term-care sector through the remainder of this pandemic.



## Dr. Marie-Helene Chomienne

### Award: International and Global Health Award

In recognition of Dr. Chomienne's accomplishments as a primary care, interdisciplinary researcher, with a focus on minority and Francophone minority health in Ontario, primary health care, psychology in primary care and world health (mother-child health). Dr. Chomienne has received numerous research

grants, has many scientific publications, and contributed to the knowledge of primary care issues for francophones in minority settings, which includes teletreatment, validating a tool for depression in men, a scaling up project for francophone minority language, and a study on the obstetrical pathway of francophone African women at the Montfort. In 2020, Dr. Chomienne was awarded the "Chaire de Recherche en Francophonie Internationale et Santé de l'Immigrant ou du Réfugié d'Afrique Francophone Subsaharienne".



## Dre. Manon Denis-Leblanc

### Prix de l'ambassadeur du français en médecine Jacques-Boulay Médecins francophones du Canada

En reconnaissance de l'engagement de la Dre. Denis- Leblanc reconnu par ses pairs, dans la promotion

du français. Tout au long de sa carrière, la docteure Denis-Leblanc a placé la francophonie au cœur de ses priorités et en a fait un des cinq axes stratégiques de notre faculté. Grâce à son leadership et son dévouement, de nombreuses initiatives et opportunités liées à la francophonie ont vu le jour. Par le billet du Bureau des Affaires Francophones (BAF), Dre. Denis-Leblanc a mené avec succès plusieurs initiatives telles que la création de "mini-cours" introduisant des principes médicaux au grand public. Elle a également participé à la mise sur pied de stages de formation pour les francophones à l'Hôpital Montfort et dans les unités satellites telles que Hawkesbury et Shawville.

# 2021 TSAA Winners

The Teaching Skills Attainment Award (TSAA) with Merit provides recognition to those members of the Faculty of Medicine at the University of Ottawa who have shown commitment to the development of their teaching skills through participation in formal faculty development.

## In Recognition of Teaching Skills Attainment Award - Level 1

Dr. Michelle Anawati



Dr. Erika Tanner and Dr. Michelle Anawati are recipients of the Teaching Skills Attainment Award – Level 1, for attending 30 hours of formal Faculty Development Training designed to enhance their teaching skills.

## In Recognition of Teaching Skills Attainment Award With Merit - Level 2

Dr. Parisa Rezaiefar



Dr. Parisa Rezaiefar and Dr. Rita Hafizi are recipients of the Teaching Skills Attainment Award with Merit – Level 2, for accumulating 80 hours of formal Faculty Development Training designed to enhance teaching skills, and for presenting an education workshop for an eligible group and presenting a poster or podium presentation at a national or other high level medical education meeting.

Dr. Rita Hafizi



# Years of Service Recognition



**30 Years**

Dr. William Hogg

**5 Years**

Dr. Ramsey Hijazi  
Dr. Jonathan Fitzsimon  
Dr. Marjorie Pomerleau  
Dr. Robin Kennie

**45 Years**

Dr. Barry Bruce

**10 Years**

Dr. Karen Ferguson  
Dr. Elvira Salja Halili  
Dr. Sarah Brigham

**25 Years**

Dr. Christie Diekmeyer

**15 Years**

Dr. Alykhan Abdulla	Dr. Mark Nassim
Dr. Eoghan O'Shea	Dr. Hanif Charania
Dr. Laura Muldoon	Dr. Jolanda Turley
Dr. Mireille St-Jean	Dr. Edward Seale

**20 Years**

Dr. Eric Woollorton

## Congratulations to all!

# Evaluations



## Overall Evaluation



2022 Annual Faculty Retreat Overall Evaluation

<https://www.surveymonkey.ca/r/KXLQ82P>

## Session Evaluations



Meeting - Full Time Academic (FTA) physicians: Surviving vs. Thriving as Academic Family Physicians. Dr. Clare Liddy & Dr. Eric Wooltorton

<https://www.surveymonkey.ca/r/KX2GZWM>



Concurrent workshop #1: Doc to Doc Wellness Program Simplified  
Dr. Aly Abdullah

<https://www.surveymonkey.ca/r/KXVRC6X>



Concurrent Workshop #2 - Everything Old is New Again: Teaching Geriatric Principles to Residents. Dr. H el ene O'Connor

<https://www.surveymonkey.ca/r/KX96WCR>



Concurrent workshop #3: Concussion: Evidence-Based Management.  
Dr. Sharon Johnston and Dorota Nowodworski

<https://www.surveymonkey.ca/r/KX7XNRJ>



Keynote presentation: "The Many Paths to Leadership". Dr. Elizabeth Muggah and Dr. Mary Naciuk

<https://www.surveymonkey.ca/r/KX9YTQZ>



# Evaluations



Concurrent Workshop #4 - CityStudio Ottawa: Improving Health and Wellbeing in our Region through Community-Campus Engagement  
Dr. Claire Kendall and Sarah Taylor

<https://www.surveymonkey.ca/r/KXDJPKF>



Concurrent Workshop #5 - Champlain Community of Family Practice: Promoting the Voice of Family Medicine into our Region  
Dr. Alison Eyre, Dr. Gary Viner, and Dr. Laura Muldoon

<https://www.surveymonkey.ca/r/KXDPYFP>



Concurrent Workshop #6 - Diagnosing by the Book: Affect and Narrative Medicine .Dr. Leonard Bloom

<https://www.surveymonkey.ca/r/KXCM2MT>



Poster session

<https://www.surveymonkey.ca/r/KXYCFQ8>



Workshop and Panel Discussion #7 - "Strategies to Influence Learners to make Family Medicine a Destination of Choice!" Dr. Eric Woollorton, Dr. Robin Kennie, Dr. Lina Shoppoff, Dr. Pellerin and Dr. Rita Hafizi

<https://www.surveymonkey.ca/r/KX22RGQ>

# Nominations

The Department of Family Medicine is proud to recognize the achievements of our faculty members and administrative support staff. We encourage you to nominate your fellow colleagues and help celebrate the accomplishments of our members.

**Nominations for these awards are now open. The deadline is April 8, 2022.**



Le département de médecine familiale est fier de reconnaître les réalisations de ses membres du corps professoral et du personnel de soutien administratif. Nous vous encourageons à proposer la candidature de vos collègues et à aider à célébrer les réalisations de nos membres.

**Les nominations pour ces prix sont maintenant ouvertes. La date limite est le 8 avril 2022.**

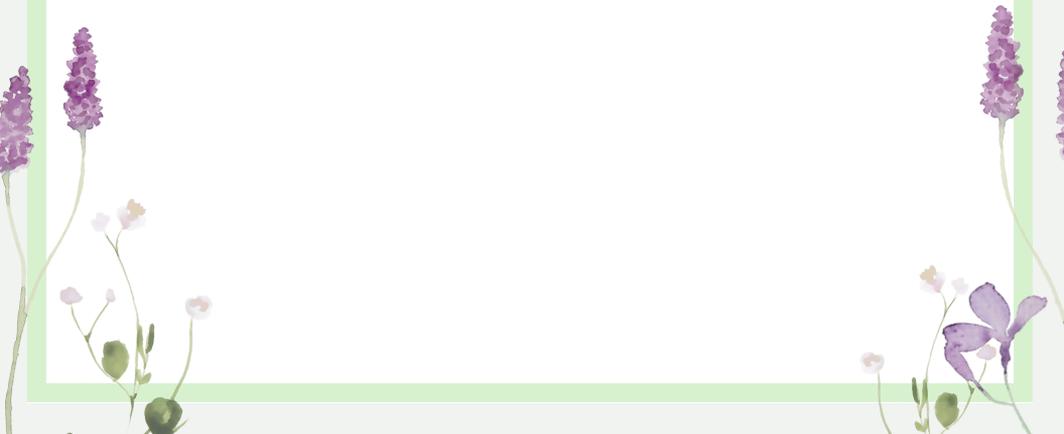
DFM Faculty Awards  
Prix pour les professeurs du DM



DFM Staff Awards  
Prix pour le personnel de soutien du DMF



# Notes





*See you next year!*  
*A l'année prochaine!*

