

AN OVERVIEW OF CFMS SERVICES

Dear CFMS Members,

Before we all head off for our summer breaks, I just wanted to take a quick minute to remind you of the special offers available to you. I would like to draw your attention in particular to item #6, the **CMA Discounts** that are available to those of you that are also CMA members.

1. Textbook Discounts: Reviewed and endorsed by fellow students

Students receive **10% OFF all Elsevier books** when purchased through the CFMS link found in the Members Benefits Section. This includes the very popular green OSCE and Clinical Skills Handbook, among many others.

2. Disability Insurance for Medical Students by Kirkham and Jack

Disability insurance protects you in case you are unable to work at your current job, even if at a reduced capacity. Kirkham and Jack offer a plan that is easy to enrol in, requires no extensive medical exam, and continues for the length of your career. It is provided at a 25% discount for CFMS members. They can be reached at 877-278-3837 or via email at cfms@kirkhamandjack.ca . Their website is www.kirkhamandjack.ca. Their insurance plans and rates can be found here.

3. CFMS Choice Hotels discount

In addition to saving you money on airfare, we have arranged a 20% discount on regular rates at all Choice brand Hotels. Choice Hotels Canada™ is the nation's largest hotel franchisor with over 280 properties under the Comfort™, Comfort Suites®, Quality®, Sleep Inn®, Clarion®, Econo Lodge® and Rodeway Inn® brands. Book online using the link http://www.choicehotels.ca/cfms.

4. Skyscape medical software discount

Skyscape is one of the premier providers of medical software, available on iPod/iPads, Blackberries, and other mobile devices. There are 600 medical resources, including texts such as Harrison's, 5 Minute Clinical Consult, Mobile DDx, and Pocket Medicine. **CFMS members get a 25% discount on all apps**. Check out this offer at http://www.skyscape.com/cfms.

5. Professional Services

Lasik MD Laser Eye Surgery Discount

Take advantage of the large medical student discount before graduating! Lasik MD is one of the leading providers of laser vision correction in Canada. Lasik MD clinics are located in most major cities. Remember to print off your membership card for proof of membership.

✓ FREE consultation with no obligation

✓ Courtesy pricing on procedure

6. CMA Services



Be sure to take advantage of your CMA membership. All the various discounts offered can be found at http://www.cma.ca/membercentre/memberdiscounts. These include:

- i) Free exclusive bonus program membership with National and Enterprise car rental
- ii) Hotel discounts at Delta, Fairmont, and Starwood Hotels
- iii) Save 6% OFF Porter Airlines on Flexible and Freedom Fares
- iv) Save 10% off VIA Rail's "best available fare" for you + 3 passengers!
- v) Gym Discounts at Goodlife Fitness (Energie Cardio for QC)
- vi) Discounted lift tickets at Mont Tremblant
- vii) Free textbooks online Search and read more than 100 full-text medical textbooks.
- viii) Librarians at your service to help conduct research and information-gathering for you
- ix) Clinical resources Access to more than 1,000 full-text peer-reviewed journals, 1,900 drug monographs, 10,000 patient handouts, medical dictionaries, diagnostic calculators and more from MD Consult, STAT!Ref, OVID Medline, Lexi-Comp and EBSCO journals.

7. RBC Message

As a proud sponsor of the CFMS, RBC Royal Bank® understands the unique financing needs of medical students and offers solutions tailored to your needs. For example, we offer up to \$200,000 line of credit at prime rate¹, with no restrictions on how much you can borrow annually. RBC Royal Bank also has a dedicated team of Medical Student Specialists ready to provide tailored financial advice and answer your questions when you need them. This allows you to enjoy your summer knowing you have support where and when you need it.

We strive to be there with you through every phase to help you achieve success. On behalf of RBC Royal Bank, have a great summer!

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I hope this message helped remind you of all the fantastic deals that are available to you as a medical student. Feel free to contact me at steve.hawrylyshyn@medportal.ca with any questions or concerns.

Sincerely,

Steve Hawrylyshyn

Vice President - Services/ Vice-présidente aux Services Canadian Federation of Medical Students

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